## 課外活動における感染対策

- 1. 活動前1週間・活動日の体温・体調を記録する。 37.5 度以上の体温を記録した、もしくは体調の悪い方は参加不可とし、医療機関を受診する。
- 2. メンバー外で当日のみの参加者がいる場合には、氏名・連絡先・体調と体温チェックを行う。 新型コロナウィルス陽性者が出た場合に保健所・大学へ情報提供をするために情報収集することを 伝える。情報は1週間後に削除・償却し、他の目的では一切利用しない。
- 3. 活動場所の収容定員の半数以下の人数で活動を行う。
- 4. 活動場所は常に換気をし、活動中はソーシャルディスタンス(両腕を伸ばして届かない範囲)を確保する(遠征時の移動中も同じ)
- 5. 参加者全員のマスク着用を徹底し、手を除菌する(活動場所に入る前・活動前・休憩前後・活動終 了時)。
- 6. 道具等は共有を避ける。共有が避けられない場合は、使用前後に消毒を行う。
- 7. 飲食を伴う活動や活動前後の会食は禁止。
- 8. 活動前~活動後に新型コロナウィルスの陽性者が出た場合には直ちにスチューデント・オフィスへ 連絡をする(0977-78-1104)
- 9. 活動参加者の体温・体調記録をスチューデント・オフィスより求められた場合、直ちに提出する。
- 10. 遠征者は遠征前 3 日以内に PCR 検査を受け、結果をスチューデント・オフィスへ報告する(用紙要提出)。
- 11. 遠征時は、移動などでグループ毎に行動する場合は、出発から帰宅まで同じグループで行動する。

## Infection Prevention Measures for Extracurricular Activities

- 1. Individuals participating in extracurricular activities must keep a record of their temperature and health condition for the one-week period leading up to an activity as well as on the day of the activity itself.
  - Individuals with a temperature of 37.5°C or higher and/or those who do not feel well are not allowed to participate in extracurricular activities and should seek medical attention.
- 2. If non-members will be participating in an activity/event, take down their name, contact information, temperature, and health condition on the day of the activity/event.
  Explain that your organization is collecting this information in case someone tests positive for the coronavirus and participants' contact information is required by the Public Health Center and APU.
  - Do not use this information for any other purpose and delete it one week after the activity/event.
- 3. Restrict the number of participants to less than half of a facility's capacity limit when holding an activity.
- 4. Keep the activity venue well ventilated at all times and practice social distancing throughout the activity. (Participants should be positioned at a distance where they are able to stand with both of their arms out to their sides and not come into contact with anyone) This also applies when traveling to an off-campus location to participate in an event hosted by a non-APU organization.
- 5. Ensure that everyone participating in an activity has a face mask on and sanitizes their hands. (Participants should sanitize their hands before entering the activity venue, before the activity begins, before and after any breaks, and after the activity ends.)
- 6. Do not share equipment with others. If sharing is unavoidable, sanitize the equipment before another person uses it.
- 7. Extracurricular activities involving food/drink as well as social gatherings involving food/drink both before and after an activity are prohibited.
- 8. Contact the Student Office (0977-78-1104) immediately if someone tests positive for the coronavirus before or after an activity/event.
- 9. Submit the health check sheet that shows a record of activity participants' temperature and health condition prior to an activity/event immediately if requested by the Student Office to do so.
- 10. Club/circle members participating in events hosted by non-APU organizations must get a PCR test in the 3-day period leading up to the event and report the test results to the Student Office. (Submit the PCR test results.)
- 11. If club/circle members participating in events hosted by non-APU organizations are traveling and/or staying overnight in separate groups, be sure to stay with the same group from the time you depart Beppu until you return.