

SPRING 2026

ALRCS

ISSUE NO. 21

FOCUS

Meet Ando
Momofuku
Recipient

Exchange
Experiences
Around the World

Where do
creatives find
their spark?

what *blooms* when
passion leads the way?

PASSION *coming*
into BLOOM

情熱の花が咲く



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Editor's Note



The 21st issue of the FOCUS Magazine is finally here guys!



This edition highlights the thing that makes us all so unique and beautiful, just like the flowers in spring: our passion! From student initiatives, a gallery of your hobbies, and even a comic break, FOCUS is here to make you shine even brighter.

Thank you for tuning into FOCUS, we hope you enjoy it ❤️



music



running



travelling

follow
your

cafe hopping



eating



painting



Passion

(n.) an intense desire or enthusiasm for something.



basketball



ski



water polo

photo
graphy

Student Initiatives



Interview with Avisha – Founder of Career Girl Global

*"Femininity and career can coexist.
Pink is not an unserious color."*

How was Career Girl Global Born?

I started this page in February 2024, a few months before I came to APU. I was really into internships. I remember I was always joining something, so a lot of girls would come up to me and ask me, "Avisha, how are you doing this? How do you do your LinkedIn? How do you do your resume?" I realized that a lot of girls don't have that guidance.

But the final push for me to create a platform like this was my mom. She was in HR before getting married, and she was doing great, but she left it all when she got married. She told me that if she had had a little guidance, maybe she could have continued building her career and growing. And that is what inspired me.

Career Girl Global has over 100k followers on Instagram. How do you manage such a big platform?

At first, it was just me doing everything. Then, people started reaching out to me, saying they wanted to help me on this journey. So right now we have over 25 members working in design, content, HR, TikTok, and LinkedIn teams.

What are some of the achievements throughout this journey that you remember the most fondly?

Well, one of my first achievements was hitting 100k. We've also completed one year. Those are two things that I'm very proud of. Besides that, we made an e-book for a complete guide on how to start doing internships, which helped a lot of our followers. Last year, we also had a collaboration with a senior recruiter from Canada who shared in-depth insights about HR through our platform. However, the biggest reward for me is getting weekly messages from girls saying how glad they are that our page exists.

What are your plans for the future?

It has been my dream to host women's networking events. At APU, I started an organization called Women and Careers. We are planning to host a networking event on campus where we bring three women speakers who are global leaders in different industries to come and talk about being a woman in that specific industry and how they navigated the Japanese workspace. We are also hoping to launch a Pitch Yourself competition where women can pitch all the work they've done, their resume, and their experiences, and our judges can give them guidance and feedback as to whether they would recruit that person.

What are some words of encouragement for young girls and women starting their careers?

1. You need to compare your progress with yourself.
2. Do things your own way.
3. Talk about your work and put yourself out in the world.

Student Initiatives



Interview with the APU Podcast team

Who is the team behind APU Podcast?

Nakayama Tomie APS 2nd year

Asano Kanna APS 3rd year

Herath Masato APM 4th year

Periyapperuma Hevin APM 3rd year



How was the idea for creating APU Podcast born?

The idea for the APU Podcast was born during a simple lunch with the founder and co-founder, Masato and Hevin. What began as a casual conversation quickly became a surprising realization: APU didn't have a student-run podcast circle. That gap stirred a shared passion—to create a platform where student voices, often overlooked, could finally be heard.

The vision was never just about celebrating the bright and colorful moments of campus life. It was also about recognizing the hidden struggles that many students quietly carry. Living in Japan, far from home, facing a new culture and language, many students navigate life alone, unseen and unheard. The APU Podcast exists to bring those voices to light—to give students a stage where their stories, challenges, and perspectives can be acknowledged and shared.

How do you come up with ideas for the episodes?

Most of the time, inspiration grows naturally from everyday campus life—something a member experienced during the day, an activity with another circle, a cultural week, or even a spontaneous conversation with friends. Sometimes there are stories we feel need to be told, so we reach out to people we believe have meaningful perspectives to share. Other times, we are simply drawn to someone whose background or journey we find inspiring.

What have been some of the challenges of running this project, and how have you overcome them?

One of the biggest challenges of running the APU Podcast is coordinating schedules. Between team meetings and reaching out to guests, finding a time that works for everyone is often the hardest part.

What has helped us overcome this is trust and teamwork. Because we are a small university circle, we rely heavily on one another. When someone handling planning, logistics, or editing feels overwhelmed, there is always a teammate ready to step in.

Do you have any words of encouragement for students looking to start their own projects?

University goes by faster than we expect, and while we all eventually move on, leaving behind even a small piece of you is incredibly meaningful. Now is one of those rare moments where you're allowed to try, explore, and be supported in your ideas, so why not give it a try?

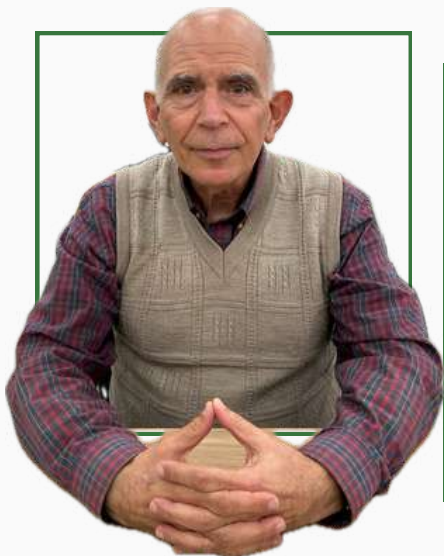
You'll meet people who become more than teammates—they become your support system. So don't let fear stop you. Just start where you are and do what you can, when you can.



Professor Langley

教授

Professor Langley



Reason for becoming a professor: Because I love learning, it felt natural to place it at the center of my life.

Reason for coming to Japan: I lived in Japan for several years starting at age 10 due to my father's work. After that, I worked in the United States, but when I was laid off due to the company's financial difficulties, I felt it was "a chance to return to Japan." I went to Japan and have lived there ever since.

教授になった理由: 学ぶことが好きでそれを人生の中心に置くことは自然なことだったからです。

日本に来た理由: 父の仕事の理由で10歳の頃から4年間日本に住みました。その後アメリカで働きましたが、会社の経営悪化により解雇された時に「日本に戻るチャンスだ」と感じ日本に行き、そのまま住み続けています。

His Student Years

学生時代について

Even as a high school and college student, he enjoyed not only studying but also explaining things to friends and tutoring others. In college, he volunteered as a teaching assistant in a class supporting students with math anxiety.

高校生や大学生の頃から、勉強するだけでなく、友人に説明したり、チューターとして教えたりすることも好きでした。大学では数学不安 (Math Anxiety) を持つ学生を支援するクラスで、ティーチングアシスタントとしてボランティアをしていたこともあります。

His Purpose as a Professor

教授としての目的

His current goal is to provide students with opportunities to learn things that will truly matter for their future.

He hopes to continue engaging with students for another ten years or so. APU, with its multicultural and multilingual environment, is an ideal place for him.

今の目的は、学生が将来にとって本当に大切なことを学べる機会を提供することです。

できればあと10年ほど、学生と関わり続けたいと思っています。多文化・多言語の環境であるAPUは、理想的な場所です。

The Joys and Challenges of Being a Professor

教授としての喜びと苦労

His greatest joy is seeing the moment a student grasps a difficult concept. On the other hand, he finds it very painful when he catches students cheating or when he can't help a struggling student. Additionally, difficulties with university administration and research have been challenging aspects of his professorial life.

一番嬉しい瞬間は、学生が難しい概念を理解できた瞬間を見ることです。一方で、カンニングを見つけた時や、困っている学生を助けられない時はとても辛いです。また、大学の運営や研究がうまくいかないことも、教授生活の難しい部分でした。

Reasons for Continuing to Learn

学び続ける理由

Why doesn't he stop learning?

Because there's no reason to stop doing what he loves.

His interests are endless: Japanese, astronomy, biology, archaeology. Probably when he leaves this world, there will be piles of kanji flashcards on the desk beside his bed. He wants to keep learning until the very end of his life.

なぜ学ぶことをやめないのか？

それは、好きなことをやめる理由がないからです。

日本語、天文学、生物学、考古学など興味は尽きません。おそらくこの世を去る時、ベッド横の机には漢字カードが山積みになっていると思います。人生の最後まで学び続けていきたいのです。

His Thoughts on Education

教育についての考え

He believes grades can sometimes rob learning of its joy. He thinks students should choose what they truly want to learn, and that evaluation should be more thoughtful and interactive.

成績が学ぶ楽しさを奪ってしまうこともあると思います。本当は、学生自身が学びたいことを選び、評価はもっと丁寧で対話的であるべきだと考えています。



A Message to Students

新入生へのメッセージ

University offers a tremendous opportunity for learning, yet it also carries the risk of losing the desire to learn.

He hopes that even if you don't get along with a professor, you won't come to dislike the field itself.

What matters most is protecting that inner desire to learn.

大学は学びの大きなチャンスである一方、学ぶ意欲を失う危険もあります。

もし教授と合わなくても、それでその分野を嫌いにならないでほしい。

大切なのは、自分の中の「学びたい」という気持ちを守り続けることです。

-----2025-----

Ando momofuku Award

Transformation



How would you describe yourself as a student during your time at APU?

I would describe myself as someone who may not be able to do everything, but once I find something I am genuinely interested in, I commit to it fully. One of my core values is perseverance, and I try my best to see things through until the end without giving up.

Can you share some of the key activities or initiatives you were involved in while at APU?

Starting from the end of my first year, I became more active both academically and in my extracurriculars. I worked as a Teaching Assistant for several courses, as well as joining organizations, such as FLAG, SAS, and TEDxAPU.

Most of my involvement began after my second semester, as I made a conscious effort to step out of my comfort zone and try new things. During my first year, I was not very active and mostly stayed within my comfort zone. However, from the second semester onward, I intentionally challenged myself to get more involved, explore new opportunities, and engage more with campus life.



PROCESS

1. How did you prepare yourself for applying to the scholarship?

To be honest, I did not have a concrete plan at first. The idea came up during a conversation with my parents, especially my dad. I explained to him that the Ando Momofuku Scholarship was a prestigious scholarship, and he encouraged me to apply and see how far I could go.

At that time, I lacked confidence and was not fully determined, but I decided to give it a try. Looking back, my academic work and extracurricular involvement during my second year played a significant role in supporting my application.

2. What was the process like when applying for the Ando Momofuku Scholarship?

The first stage involved document screening, which included around six to seven essay questions, each with a word limit of approximately 250-300 words. The questions focused on academic interests, extracurricular activities, personal motivations, lessons learned, and future goals.

The process required deep self-reflection. The content submitted in the first screening became the foundation for the second stage, which was a public interview for shortlisted candidates.

3. What are the major challenges during the application process?

One of the biggest challenges was the emotional challenge. I was uncomfortable with the idea of sharing my personal story in a public setting, especially because it involved discussing both my strengths and weaknesses in front of judges and an audience.

What required the most courage was being honest and authentic. I realized that understanding who I am and why I do what I do was more important than trying to present a "perfect" image. However, I tried focusing on being authentic and clearly presenting my story. I emphasized how I balance academics, part-time work, and extracurricular activities, while also explaining why I needed the scholarship, which is to gain more time, energy, and resources for personal development.

I learned that it was important to support my story with real experiences and achievements, connect my past actions with my future goals, and show consistency in my direction. This reflection process took a lot of time, but it helped me understand myself better.



Hsu Latt Nandar

Message

What advice or message would you like to share with new incoming students at APU?

Don't be afraid to step out of your comfort zone and just try. Even if you fail, you lose nothing. I often think back to the conversation I had with my dad, if I hadn't taken that first step, I wouldn't be where I am today.

Be open-minded, try new things, and take chances. In the end, you'll realize that the experience itself is worth it.



Student



Duka

why did you choose APU as your exchange program?

I've wanted to come to Japan since I was a kid. I came for vacation before and wanted to live here. I chose APU because it's different from Tokyo.

what are you most looking forward to doing during your time in Japan?

Seeing most of the country, **traveling** either in Kyushu or other places. I lived abroad in Finland and had the same goal, **which is to enjoy**. Six months or one year is **a short time** so I'd like **to meet new people, culture, traditions, and food**.

what has been a culture shock you've had in Japan?

The people queue while waiting for the train, bus, etc., and are quiet in public transport to not disturb others.

Joshua



Exchange



Hana

英語力を伸ばしたかったのと、新しい環境に行ってみたかったので交換留学を決めました。この国を選んだのは、インドネシア出身の友達が多いのと、経済や宗教の面から見ても興味深い国で卒論のテーマと合っていたからです。日本との違いに驚きもありますが、ご飯がおいしいのでたくさん食べて元気に暮らしていきたいです!



家の近くにあるカフェがおいしいコーヒーとピザで500円以下だったのでよく行っていました!



Koryu

留学の経験を通して、国際機関での長期インターンや、環境大臣会合に日本代表ユースとして参加をしました! また、これから全国ビジネスコンクールにでたり、地元での環境をテーマに行うワークショップを企画しています!

自然がいっぱいなペルーという国が好き!



Hina

どんな環境でも積極的に行動に移して道を切り開くことと、積極的に人との関わりを持つよう行動するようにし、コミュニケーション能力が向上したことです。行動を起こし、人との繋がりを大切にする事で自分の学びにもつながり、より視野が広くなり、自分自身の大きな成長につながりました。

お気に入りの場所は Helsinki Central Library Oodi です。



Ayaka

留学中に一番頑張ったことはなんですか? ビジネスコンテスト! モントリオール(留学先)の課題解決施策の提案というテーマでチーム対抗でコンテストがあった! 沢山議論してプレゼンして学ばれた実践的なビジネスが学べたすごく成長できた機会になった!



カフェ巡りをよくして!



Kohki

留学中に一番大変だったことは? 現地での取得可能上限単位を履修しながら就活をしたこと。気合いで頑張りました。留学中に就活をする予定の方は、専門科目の単位は早めに取り切って、留学先では楽な授業を取り就活の時間を確保する事をお勧めします。



チャトラムーのタイティーと、家近くにある深夜営業のマードル屋台。夜に課題をするときに息抜きで食へに行ってきた。タイティーは誇張抜きで毎日1.2杯飲んでました。



What is something you are truly passionate about?

I really enjoy visual art. I love the creative process and every thing it entails. From having an idea, editing it, and allowing people to actually see what I was thinking about through the final video I put out, it really makes me enjoy the art even more. I started editing when I was in high school but abandoned it because I thought that I was not skilled enough. But I'm very grateful that I trusted myself again to hop back into it. I enjoy visual art and making short films because for me it allows me to be a storyteller through a medium that I enjoy, which is media.

How do you usually come up with new ideas? Do you have a process or habits that help you stay creative?

It is not easy, but one thing that has been consistently motivating me is music. I really love listening to music and kind of imagining how different video scenes, I want to make can look like based on a specific part of a song. I also love creating or reinventing music videos based how the music sounds. Occasionally, I am also inspired by movie scenes and challenge myself to recreate them to improve on my skills.

Were there times where you felt lacking in creative input?

What did you do to stay motivated to keep on working on creative projects?

Oh my Gosh yess!! It happens more often than usual. Mainly because I suffer from perfectionism and the fear of being perceived (ironic right?), so I would often not post a video because I would think, "it is not good enough," etc... and I would end up scraping ideas that could have been good. One thing I tried to do is to challenge myself on posting a video everyday for 31 days straight. And it helped me detach from the feeling of having to make my art "perfect" before posting it and not overthink it. So far it has helped me a lot. I can't say the feeling of perfectionism is fully gone but I can say that this challenge allowed me to enjoy detaching myself from the audience response of my craft and just create for the sake of creating.

How do you balance your creative interests with other responsibilities?

It is not easy, and sometimes I do struggle because the majority of my ideas are spontaneous, but one thing I'm trying to incorporate is to film myself doing the mundane tasks or even when I have responsibilities because it allows me to have back up footage for if I would like to do more storytelling videos and all. But what I tried to do is to film at least two-three videos, and post them when I don't have time to film or even to edit. Planning in advance also allows me to have some ideas hot to-go, especially when I don't have the time.



I've always been **passionate** about creating opportunities. Growing up in a place with limited resources, I learned how important it is to make the most out of what's available. At APU, I found a space where I could turn that passion into action through event planning and marketing. For me, those two things are connected. Without marketing, great events don't reach the right people, and without events, marketing has no real story to tell. Over the past 3.5 years, I've led and organized 19 events and took on 10 leadership roles as a representative and marketing leader. Each experience reminded me that creating opportunities isn't just about doing something big it's about making an impact, one project at a time.

My **creative process** starts with perspective. I do check social media like Pinterest or TikTok for inspiration, but I've learned that too much scrolling can drain creativity instead of fueling it. So, after 15–30 minutes online, I usually go offline take a walk, observe people, or sketch what I see. I try to focus on enjoying the process instead of chasing perfection. Funny enough, my best ideas usually appear when I'm not trying during part-time work, chatting with friends, or sitting at a café. Inspiration is everywhere if you slow down enough to notice it.

Reggie

Definitely. There were many times I felt drained or **stuck creatively**. What helps me most is having a good support system like friends, organization members, and family who remind me why I started. Sometimes, the best thing you can do is step away for a bit. Resting doesn't mean giving up; it means recharging. When I feel lost, I go back to my goals and think about who I'm doing the project for. Remembering the purpose behind my work helps me find motivation again.

ativity
ooms

With more than three jobs,

balancing everything is tough, but I've found my own system. I use two timelines: one digital and one on paper. The digital one keeps me organized with big events, while the paper one helps me writing in detailed. I also set small goals and make sure to give time for rest, and I treat creativity like part of my lifestyle.





大橋ゼミ特集ページ

東京大学とUCL（ロンドン大学）で、土木、建築、都市・地域計画を学ぶ。都市・地域計画分野での建設コンサルタント、立命館大学の専門研究員を経て、2022年よりAPUで教鞭を取る。

こんにちは～大橋ゼミに所属している3年生（2025年度秋セメスター時）のりんです。今回は、同じゼミで学ぶゆなさんと一緒に、私たちのゼミの内容や実際の活動について、対談形式で紹介していきます。授業の雰囲気、そしてゼミで学んで感じたことを、学生の目線からお伝えできればと思います。

りん

ST三回生

ゆな

ST三回生

りん

じゃあまず、なんで大橋ゼミを選んだのかについて聞かせてください。

ゆな

私たちがサステナビリティ観光学部（以下ST）の一期生だったこともあって、一年生の時に学習やキャリアについてお困りごとを相談できる機会があったんだよね。その時に相談に乗ってくれる教授として紹介されたのが大橋先生だったというのがきっかけ。当時は学びたい分野とかははっきり定まっていなかったんだけど、大学院には進みたいと思ってた。その後、大橋先生の授業を取って内容が面白いと感じたのと、相談会の時に会った縁も感じたから、このゼミを最終的に選んだな。

りん

最初はこの分野を学びたいとかは明確じゃなかったんだね。

ゆな

そう。私はAPUに後期の受験で入っているっていうのもあって、STでやりたいことが決まっていたわけではないんだよね。個人的には、STはAPM（国際経営学部）とAPS（アジア太平洋学部）のどちらの要素も取り入れながら学べるかなと感じて学部を決めた。そういう経緯で、入学前には分野まで絞ってなかったわけじゃないんだよね。

りん

そうなんだ！私はゆなとは違って総合型入試での受験をしたから、その時から何をしたいのか話す必要があったんだよね。高校生の時からまちづくりには関心があって、学びたいと思ってた。入学する前にどんな先生がいるか調べて都市開発分野を教える先生がいることも分かった上で進学を決めたから、ゼミ選びは迷わなかったな。久保教授と大橋教授が都市計画の分野だったけど、私たちがゼミを受け始める2025春セメスターは久保教授のゼミが開講してなかったんだよね。だから、大橋先生の授業は取ったことがなかったけど、ゼミ選択は即決だったかも。

ゆな

そうだね。今は卒論に向けて毎週それぞれのテーマを発表しているけど、

その中でも難しい用語とかは先生が補足してくれて、そこから話が脱線することもあるって柔軟な雰囲気だね。授業も課題も先生が提示してくれたものをするけど、学生が意見を言ったらそれが反映されるし風通しがいいと感じてる。私は、ゼミに入る前に先生の講義を取ったことがあったから、先生が柔軟な人だって印象はあって、そこは変化してないな。でも、ゼミになるともっと少数での授業だから、学べることが多いと思う。先生は本当に知識がすごくある人でどのゼミ生のテーマでも補足説明やそれにまつわる話をしてくれるから、ゼミ中はずっと調べてる。知らないことが多くて知識の吸収もすごくできるし、ゼミ生のプレゼンの仕方とかにもすごく刺激を受けてる。私はついていくのに必死でハードだなと思うけど、同時に自由でもあると思うな。

りん

最後に先生のご存在はゆなにとってどんな？

ゆな

先生のごことはすごく尊敬している。先生は都市計画についてアカデミックの経験も実務の経験もどちらもある人で本当になんでも知ってるから、何か話せばアドバイスをしてくれる。まちづくりは本当は全てに繋がってるっていう考えで、どんな知識でも吸収しようっていう心持ちがある方だなって見ていて思っていて、尊敬できるし、自分もそうならなきゃと思う。

りん

本当にそうだね。そろそろお疲れ様会の時間だからここまでにして。今日は対談の時間をとってくれて本当にありがとうー！

Founded only a year ago, the Latin American Student Association (LASA) is a relatively new organization hoping to provide Latin American students at APU a supportive community to amplify our voices and celebrate each of our cultures.

Being part of this organization, I can't help but reminisce about when I first came to APU, back in the fall of 2022. I could count the number of Latin American students with my hands, but that scarcity made us stick closer. From multiple dinners cooked in the kitchens of AP House to nights spent in karaoke looking for songs in Spanish, the Latin American community, although small at the time, made my first winter here feel warmer. It became my family far away from home, and it helped me navigate life in Japan with more confidence and excitement.

The Latin American community, although small at the time, made my first winter here feel warmer. It became my family far away from home

LASA aims to be just that: a family to all those students coming from countries in Latin America. Through its establishment, newly enrolled students can easily connect with senpai and receive advice and support in their native language. To ensure this runs smoothly, LASA holds a welcoming event for new students at the start of each semester with fun icebreaking games, snacks, and time to connect and talk with others.

Some of the other LASA's activities focus on introducing and celebrating Latin American culture to others interested in it. For example, some of the most successful events to date have been the regular football matches open to everyone, which created a lively and friendly atmosphere among both LASA members and international students from other nationalities

Comparing my first days here to now, there is no doubt that the Latin American community in APU has come very far. However, there are still more challenges for us to tackle and more dreams for us to accomplish together. Some of those are relatively simple and constitute ideas for future events (e.g., hosting a karaoke night, a language exchange event, or selling traditional food), while some are more complicated to achieve, such as the execution of the first Latin American Week on campus.

Within only a year, I believe safe to say that LASA has succeeded in bringing the growing community of Latin American students at APU closer together and will continue its efforts in the future to embrace and celebrate our cheerful, vibrant, and colorful culture.



Sofi
LASA Media
Team

📷 lasa.apu
**Introducing
Latin
American
Student
Association
(LASA)**





気軽に立ち寄って、食事やスイーツ、ドリンクを楽しめるカフェをご紹介します。それぞれのお店には個性あふれる魅力があり、ランチタイムや友人との会話、ちょっとしたリフレッシュの時間にもぴったりです。居心地のよい空間とこだわりのメニューを通して、新しいお気に入りの場所を見つけてみてください。APU周辺で過ごすひとときを、より豊かにしてくれるカフェの魅力をお届けします。

チョコバナナパフェ

フレンチトースト

No.1

おしゃべりなスプーン

おしゃべりなスプーンは、食事からスイーツ、ドリンクまで幅広く楽しめるカフェです。ランチにもぴったりで、気軽に立ち寄れる雰囲気も魅力。お店にはfreewifiも設置しており、テスト前には勉強に動じる学生の姿も見られます。レポートを頑張った後に、ご褒美パフェを楽しむのもおすすめです。また、各種団体の活動発表や打ち上げの場としても利用できます。なかでも「しあわせハンバーグ」はぜひ味わいたい一品です。

大分県別府市汐見町3-2 7
TEL 0977-73-5573
定休日 毎週火曜日
SNS oshaberina_spoon



No.2

純喫茶 草子洗

草子洗は大分市にある喫茶店です。APUの学生にはあまり知られていないようで、訪れたことのある人も多くはないかもしれません。どこか懐かしさを感じさせる、落ち着いた喫茶店らしい空間が魅力です。映えるカラフルなドリンクも人気で、思わず写真を撮りたくなる可愛らしさがあります。店内のインテリアも細部までこだわりが感じられ、居心地のよい雰囲気です。



大分県大分市中央町3-6-29
定休日 毎週月・金曜日
SNS sushiarai

フレンチトースト

No.3

日曜日の昼さがり

このカフェの魅力は、コーヒーに精通したスタッフがいることです。ブラックコーヒーひとつをとってもさまざまな種類があり、その日ごとに異なる銘柄を楽しむことができます。訪れるたびに新しい味わいに出会えるのも、この店ならではの魅力です。ぜひ足を運び、コーヒーが持つ奥深い世界を体感してみてください。

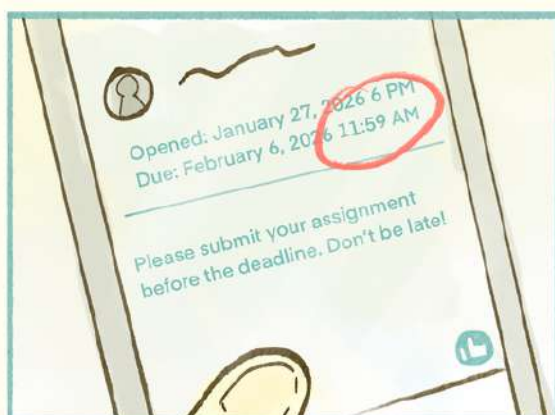


大分県別府市富士見町
5-5 GOBLD 1F
定休日 毎週 月・火曜日
SNS
@nichiyobi_no_hirusagari_beppu

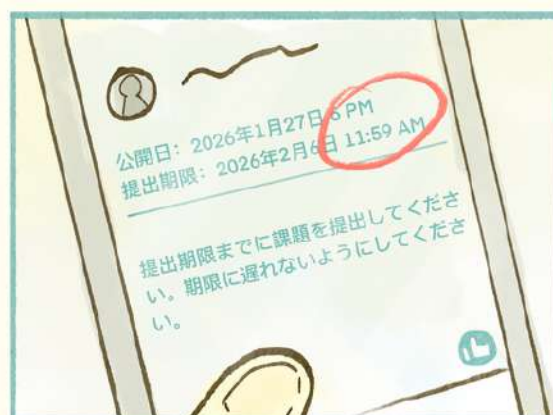
Comic Break

漫画ブレイク

Missed Deadline



締め切りを過ぎた

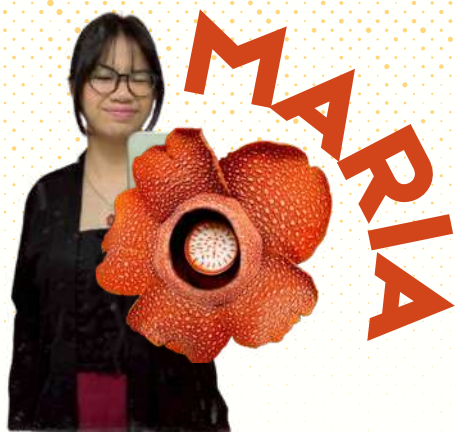


What is your favorite flower???

THANK YOU !!!!



Scan this code to read FOCUS online!



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ALRCS

Academic
Learning Resource
Core Staff