

DREAMS IN MOTION



動き出す夢

FOCUS
フォーカス



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Editor Note

編集者の一言



Claudia
クラウディア

今学期はいろいろなことがありました！ APUの学生であることの一部は、ただその瞬間を楽しむこと、そして周りで起こっているユニークなチャンスを経験することだと思います。ALRCSのD-チームは、今回そのようなスピリットを思い描くために一生懸命頑張りました。どうぞお楽しみください！

So many things happened this semester! I think part of being an APU student is just trying to enjoy the moment and the unique chances happening around us. For this, the D-Team of ALRCS worked really hard trying to envision that spirit. We hope you enjoy it!

Did You Know ?

1

Tenku festival

天空祭

Since its inception in 2003, the "Tenku Festival" has evolved into a diverse Beppu event that attracts 3,000, from locals, high school students, to APU students. Expect energetic performances, international-flavored stalls, and a unique opportunity to experience APU's vibrant atmosphere in addition to club booths—all made possible by the passionate "Tenku Festival Executive Committee."

2003年にスタートした「天空祭」は、現在では地元の高校生やAPU生など約3,000人が参加する別府の多彩なイベントに成長しました。エネルギッシュなパフォーマンスや国際色豊かな出店、APUの活気あふれる雰囲気を感じられるサークルブースなど、「天空祭実行委員」の熱い思いが詰まったイベントです

APU Alumni

校友会

2

In 2023, Asia Pacific University (APU) celebrated its 20th anniversary. To commemorate this milestone, we are weaving a compelling tapestry of alumni narratives, each one full of successes and obstacles encountered along the way. Explore the core of APU's history, where alumni with a broad spectrum of goals and backgrounds talk about the routes, they have taken made possible by the constant encouragement of APU.

2023年、アジア太平洋大学（APU）は創立20周年を迎えました。この節目を記念して、APUは卒業生が語る、成功や波乱に満ちた魅力的な物語を紡ぎます。APUの歴史の核心に迫り、さまざまな目標や背景を持つ卒業生たちが、APUの絶え間ない励ましによって可能になった道を語ります。

3

TED×APU

TEDxAPU shimmered a constellation of ideas over Beppu, Japan on January 7, 2024. Six speakers and two performers led a group of one hundred participants as they explored the theme of "Constellations," bridging seemingly distinct fields and embracing uncertainty with creativity. This inspiring event, driven by 110 enthusiastic staff members, proved that even the most remote aspirations can be mapped out, one brilliant step at a time, through curiosity, empathy, and creativity.

2024年1月7日、TEDxAPUは別府上空でアイデアの星座を輝かせました。6人のスピーカーと2人のパフォーマーが100人の参加者を率いて、「星座」というテーマを探求し、一見異なる分野を橋渡しし、創造性をもって不確実性を受け入れました。この感動的なイベントは、110人の熱意あるスタッフによって推進され、好奇心、共感、創造性によって、最も遠い願望でさえも、一歩ずつ輝かしい一歩を踏み出すことができることを証明しました。

This time with **Dreams in motion**

“D-Team of ALRCS will bring you the heartbeat of our dynamic community, featuring and unfolding stories behind the highlights of our student activities.

From **Tenkusai Festival**, a celebration of cultural diversity and unity, to **Language Immersion Program**, fostering global connections through the power of languages, **Language Festival**, showcasing the beauty of communication in multicultural environments, **APU Alumni insights**, revealing the impact of life-long APU’s educational community, **TEDxAPU**, exploring ideas and amplifying voices that shape the world, and a glimpse into **ALRCS Camp**, our annual activity that embraces the bond among our lovely ALRCS members.

Through exclusive interviews with the passionate organizers behind these events, you are invited to uncover the inspiring stories that drive these endeavors. As dreams unfold into reality, the magazine captures the essence of motion—whether it be in cultural celebrations, academic pursuits, alumni reflections, or thought-provoking talks. "Dreams in Motion" is not just a magazine; "Dreams in Motion" is a visual and narrative journey, a testament to the collective aspirations and accomplishments that make our campus a thriving hub of innovation and inspiration.

“

**encapsulating
the vibrant
essence of
campus events**

今回の『動き出す夢』では

ALRCSのD-Teamが、学生活動の最も感動的な瞬間や場面を取り上げ、その裏側にあるストーリーを紐解きながら、ダイナミックなコミュニティの鼓動をお届けします。

文化の多様性と団結の祭典である天空祭、

多文化環境におけるコミュニケーションの素晴らしさを紹介するLanguage Festival、APUの教育コミュニティが生涯に与える影響を明らかにする「APU卒業生イベント」、

TEDxAPUでは、アイデアを探求し、世界を形づくる声を増幅させます、

そして、毎年恒例のALRCSメンバー同士の絆を深める活動、ALRCSキャンプ。

これらのイベントを支える情熱的な主催者への独占インタビューを通して、これらの試みの原動力となる感動的なストーリーを解き明かしていきます。

夢が現実のものとなり、文化的な祝典、学問的な

探求、同窓生の考察、示唆に富む講演など、

この雑誌は動きのエッセンスを捉えます。

「ドリームズ・イン・モーション」は

単なる雑誌ではありません。「ドリームズ

・イン・モーション」は、視覚的かつ物語的な

旅であり、キャンパスを革新とインスピ

レーションの活気あふれる源泉に

している志と成果の集合体の

証なのです。

凝縮したもの

エッセンスを

キャンパスイベントの

APUの活気あふれる



Tenkusai Festival

天空祭



小林紗也, 2021春入学



ALRCS

天空祭に参加したきっかけは？

小林



1年生から継続して行っていますが、きっかけは天空祭のガイダンスを聞いたことです。入学してきて何かやりたいなと漠然と思っていた時に、天空祭の存在を知り、参加してみようと思いました。



ALRCS

天空祭の最大の魅力は何だと思いますか？

小林



たくさんの学生がサークルの様な異なるコミュニティで活動しているけれど、天空祭の時だけは、一つのイベントを通して他のコミュニティの様子を見られたり、一緒に楽しんだりできる場所。



ALRCS

天空祭運営によって得られたと考える能力やスキルは何ですか？

小林



伝え方です。人によって言葉の受け取り方は様々なので、個人の性格に合わせた伝え方を心掛けるようになりました。



CHEN Kuan-Lin , 2020秋入学



ALRCS

What personal challenges did you face?

CHEN



During the festival's planning, I was very concerned about the uncertainty of things. However, I realized that to know and assess the outcome, I needed to act on and execute all of my ideas and plans first.



ALRCS

What impression would you like guests to leave with?

CHEN



I hoped that the audience left the festival with the realization that everyone has something special to offer to the world. Everyone should find their own unique talent and let it shine!



ALRCS

Any advice for students who want to be student organizers?

CHEN



Try it out first and see if it's suitable for you. Don't dwell on it too much, whether you succeed or fail. Just give it a shot. Don't pass up the best opportunities in APU just because you're afraid.

Language Festival



第3回ランゲージフェスティバル



ALRCS

**Share about your native language!
What is a phrase you like?**



"Hita
Mamahela" (Be
Happy)



Gaudalcanal

Yohan Vekea
APM, 3rd Semester

I want to share my language with a global audience because it plays a crucial role in expressing and preserving my cultural identity. It tangled with my traditions, customs, and shared values, conveying the unique aspects of my culture. Language is a means through which cultural knowledge and heritage are passed down from one generation to another.



Spanish

FORERO Maria Juliana
APS, 2nd Semester

I wanted to know more about my culture by sharing my language. When I mentioned my first language was Spanish, many people would have general knowledge of "European Spanish", but the "Latino Spanish" was missing... Spanish has much to offer when talking about Colombia, the language and its dialects define our vibrant, colorful, and extroverted people, rainforests, literature, and even dances! Through Spanish, I wanted people to notice how enchanting Colombia is, and that Spanish goes beyond continents.

"¡ Uy no, que Oso! "
(No that's too embarrassing)

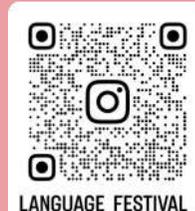


"Haver"
(Friend)



Ariel Eyal
APS, 6th Semester **Hebrew**

It is an ancient language, very unique and different. It also emphasizes some of the culture and history of Jewish people and Israel, so I wanted to educate those who are interested, kind, and open.



More info here!
詳しくこちら!



Language Festival

Interview with 板橋先生

1 言語フェスティバルの目的は何ですか？

*あくまでもLanguage Festivalの公式なコメントではなく、一個人として)

- APUで話者や使用者の少ない言語を多くの人に知ってもらうこと。
- それらの言語を使用する学生のAPUにおける存在感を高めること。
- 参加者およびスタッフが異なる言語や文化を知ることによって、他者および自己についての理解を深めてもらい、言語や文化について新しい見方ができるようになること。

2 フェスティバルの最も成功した側面は何ですか？

- イベントに関わる人が増えたこと。(スタッフおよび来場者)
- 新しい試みが生まれたこと(チームで準備を進める、トークイベント、LFライブラリー、ダンスレッスンの開催など)
- マネージメントチームのコアメンバーである、衛藤先生とリーさん(学生)の献身的な行動



3 イベント中に何か課題がありましたか？

参加メンバーが増えたので、情報がメンバーに行きわたらなかつたり、コミュニケーションが途絶えてしまったりしたグループがあったこと。何度か全体ミーティングの機会があったが、全員が集まるのは難しかったこと。

となりに座った学生に関心を向けることで、
私たちはすごくたくさんを知ることができます。

4

参加者や観客が言語フェスティバルについて最も覚えていて欲しいことは何ですか？

APUには豊かな言語資源があります。となりに座った学生に関心を向けることで、私たちはすごくたくさんを知ることができます。そして、それは様々なことを考えるきっかけにもなります。Language Festivalは、言語に焦点を当てて、その機会を作っていますが、毎日の生活の中でもぜひ多くの人と交流することを楽しんでほしいです。



APU



QUESTIONS

- ① How did your experiences in APU prepare you for your current career?
APUでの経験は現在のキャリアにどのような影響を与えたと思いますか？
- ② Were there any challenges that you encountered during your transition from APU to the professional world?
APU（大学生）からプロの世界（社会人）になる過程で直面した課題はありましたか？



Rena (日本)

- ①とにかくなににでもチャレンジしていくことや、大学でどのような人材を育てれば将来活躍できるようになるかなど、APUで育ててもらった側として考えていけるようになりました。
- ②APUのように自由に自分の意見をぶつけて、お互いに理解し合うことができない場面（上司と部下）での伝え方はかなり苦労しました。（丁寧に伝えると本意が伝わらない、ストレートに伝えると失礼になるなど）
- ③APUを過ごしたその経験こそが素晴らしいと思います。
- ④貪欲にやりたいことを突き詰めていってください。貪欲さはAPUの学生の強みだと思います。



Maheshwari KALYANASUNDARAM (India)

- ①Classes and extra-curricular activities such as participating in conferences, workshops, attending guest lectures helped pave the path towards my current job
- ②I went to a graduate school before immediately transitioning. However, becoming a professional from being a college student was challenging, especially with schedule flexibility. Also, the kind of expectations and accountability are much higher than what I experienced as a student.
- ③Focus on crisp and good writing as well as reading comprehension skills in both languages. This will help you skim through emails/documents and create reports quickly. Moreover, always try to prioritize cultivating effective presentation skills using clear and concise communication.
- ④ When picking my career, I thought about what is most necessary in the world right now and which of my strengths can help contribute to that need. Perhaps, if you feel directionless, you can use this as a guiding question.





ALUMNI

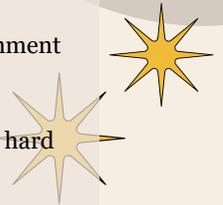
? QUESTIONS

- ③ Are there any specific skills or experiences you recommend students should focus on while in APU?
APUの学生が取得しておいた方が良い特定のスキルや経験はありますか？
- ④ What advice do you have for current students as they prepare for their careers?
現在の学生がキャリアに備える際のアドバイスはありますか？



Shintaro Aswin (Sri Lanka)

- ① a. Human skills, life skills and management
b. Coordination and Communication
c. Risk management and quick response
- ② There were many obstacles along the way, especially when leaving such a global environment and adapting to Japanese business culture.
- ③ Human skills such as teamwork, communication, coordination and risk response. Also, hard skills are quite manageable to learn on the job.
- ④ Focus not only on your achievements during job hunting, but rather focus on the process and the failures you will encounter.



TENAM SONG (KOREA)

- ① SUPER BIG IMPACT. APU helped me acquire notable skills related to mutual understanding and cultural diversity. These are the points I realized when I was graduating from APU.
- ② One of the challenges was the necessity to concentrate and put a lot of effort on acknowledging and overcoming my weak points such as studying science and technology and so on.
- ③ I think it is excellent if you try to be confident and state your own ideas and comment about the world's topics and issues.
- ④ Your four years in Beppu will be a valuable time and this moment of your life will not disappoint you. Challenge all possibilities and exceed your limits! It is important to cherish connections with people and find yourself through those interactions.



TEDxAPU

What initially intrigued you about the TED organization and its purpose for being?

From my high school years onward, TED talks have consistently captivated me with their ability to provide profound motivation and inspiration precisely when I needed it most. The diverse range of topics covered and the depth of knowledge shared in these talks have been instrumental in shaping my perspectives. Witnessing the transformative power of education within the TED platform, I am convinced that it holds the potential to not only change individuals but also contribute significantly to changing the world. The impact of TED talks on my own journey has fueled my admiration for the organization's purpose and its potential to foster positive change on a global scale.

Please explain the standard process of planning the TEDxAPU event, from conception to execution.

Organizing a TEDxAPU event involves a comprehensive process, starting with the application for a TEDx license and the formation of a dedicated core team. The team collaboratively develops a theme and carefully selects diverse speakers who align with the event's mission. Securing a suitable venue, managing sponsorships, and implementing a robust marketing strategy are crucial elements in the planning phase. As the event approaches, logistical arrangements, speaker coaching, and volunteer recruitment take center stage, culminating in rehearsals and run-throughs to ensure a seamless execution on the event day. Documenting the talks, capturing photographs, and gathering feedback post-event contribute to the overall assessment of success, showcasing the meticulous planning and execution that characterizes a TEDxAPU event.

What key takeaways or insights will the audience gain from attending this event?

Attending the TEDxAPU event promises to be a transformative experience, offering the audience a diverse array of insights and inspirations. From thought-provoking talks by accomplished speakers, attendees will gain a deeper understanding of pressing global issues, innovative ideas, and emerging trends across various fields. The carefully curated content will not only challenge perspectives but also ignite a sense of curiosity and exploration. The event aims to foster connections among attendees, encouraging the exchange of ideas and the cultivation of a community driven by a shared passion for positive change. People can expect to leave the TEDxAPU event with renewed motivation, expanded horizons, and a sense of empowerment to contribute meaningfully to the world around them.



Bryan Malvino Inkiriwang
APM 3rd year

What advice would you give someone aspiring to be involved in the TED organization?

For those aspiring to be part of the TED organization, I'd recommend immersing yourself in the TED experience by attending events and watching talks online. Personally, engaging with TEDx events and volunteering at local initiatives such as TEDxFukuoka and TEDxKumamoto has been a catalyst for my own journey. Building a strong online presence, networking with TED speakers, and staying updated on TED initiatives are vital steps. Embrace your uniqueness, refine your communication skills, and, most importantly, align with TED's core values of spreading meaningful ideas and fostering curiosity. Along this journey, never give up, as resilience often opens doors to unexpected opportunities. My involvement with TED has not only expanded my horizons but also connected me with a community dedicated to positive change, making the journey incredibly rewarding.

If you could give one TED Talk, what would it be about?

If I were to give a TED Talk, it would center on the concept of the "Plot Armor mindset" and delve into the profound influence of placebos on our lives. The Plot Armor mindset explores the idea that, much like characters in stories protected by an invisible shield, we can cultivate a resilient mental framework that shields us from setbacks and fosters a proactive approach to challenges. Drawing parallels between the narratives we construct for ourselves and the psychological impact of belief, I would emphasize how the placebo effect extends beyond medicine to shape our perceptions and behaviors. Imagine crafting a mental toolkit that includes resilience-building exercises, such as reframing setbacks as opportunities for growth, setting realistic goals based on different real situations of students, and developing a positive self-talk routine. These tools empower students to approach academic challenges proactively, fostering not only academic success but also personal development. Furthermore, understanding the placebo effect serves as a powerful tool in shaping one's mindset. By consciously leveraging the placebo effect, students can enhance their confidence, motivation, and well-being, creating a more fulfilling and successful university experience.



Amreen Kaur
APM 2nd year

What initially intrigued you about the TED organization and its purpose for being?

At APU, it is common to hear "Shape your world", but you can't shape your world until you know and understand it. Events like TEDx in their very crucible, bring the world to you, in the form of groundbreaking ideas, innovations and stories. In my opinion, access to platforms like TEDx during our formative university years is invaluable. It provides an opportunity to learn and evolve alongside experts from diverse fields and walks of life. This convergence creates a dynamic melting pot, fostering innovation and ingenuity. This was my motivation for starting TEDxAPU - to spark invigorating conversations and create a breeding ground for intellect at APU.

Please explain the standard process of planning the TEDxAPU event, from conception to execution.

The idea came to us early in 2023, the lead organizer, Bryan, and I pursued it separately until the student office connected us. The licensing process for the event (TEDxAPU) itself took us two months. We began doing internal recruitment for the core team in April and started officially working on the event in May. We started with the TEDxAPU Student Speakers League and grand recruitment which generated a massive amount of love and support from APU Community. We received 150 applicants for our team and 45 applicants for the Student Speakers League on November 3rd, where 12 selected applicants got a mock TEDx platform

to compete and share their stories and ideas. Along with the winner of the Student Speakers League, we found 5 speakers from all over Japan who represented art, science, law, business, tech, and spirituality each, to foster a dynamic nexus of diverse ideas, inspiring students from a broad spectrum of disciplines and inclinations. Having one of the biggest teams for a TEDx university-level event globally, organizing the event was a mammoth task layered with fostering strategic partnerships, finding sponsors, getting TV news coverage, and managing event logistics and outreach activities - but we were determined and ready for the challenge. With the support of our faculty advisors and extremely talented team members, we completely sold out of tickets and managed to execute the event smoothly, coordinating speakers with ease and also ensuring that the audience members had an enriching time with us - not just as passive observers, but by actively engaging with our speakers over our dinner-reception.

What key takeaways or insights will the audience gain from attending this event?

TEDxAPU brought together a vibrant nexus of experts who shared one stage, delivering an array of ideas, all tied by the central idea of - "constellations" - building connections and finding meaning in the obscure and unknown. Students were immersed in a realm of ideas that go far beyond the traditional confines of our university education - right from talks on the creative journey of conceptualizing art (Yuko Sakurai) to developing sentience in robots and AI tools (Dr. Minoru Asada). Celebrities like Show Nemoto and corporate trailblazers such as Mariko Hashimoto graced the stage, leaving the audience awestruck with their inspiring stories and remarkable achievements. The event also ventured into profound discussions about finding meaning in life and understanding one's identity, featuring speakers like Sherly Budiman exploring the significance of each individual, and Adv. Mayuki Hiramatsu shares her insights on how to navigate the pursuit of passion with steadfastness and fearlessness. To add to the spectacle, special performances by Wadaiko Raku and Arauma Chiyo entertained the audience, paying homage to the tradition and culture of the country that has become our home - Japan. In essence, if you weren't at TEDxAPU, you didn't just miss an event - you missed a captivating blend of entertainment and inspiration that continued to resonate long after the curtains fell, leaving everyone who attended with unforgettable memories and a renewed sense of purpose.

What advice would you give someone aspiring to be involved in the TED organization?

Being a part of TED is not like other things that we mindlessly throw on our CVs, it is a gateway to a transformative world full of global connections and inspiration. To those aspiring to be involved: Attend TEDx events, feel the pulse of transformative talks, and apply what you learn from them into your life, immersing yourself in the power of ideas. If you are considering organizing: curate themes that resonate, and be shameless about your passion for the venture, be it in convincing speakers or sponsors. The process is exhilarating, tiring, and mostly crazy chaotic. You will have to work more hours than there are in a day, but eventually, when people come and tell you how proud they are to be working in your organization, and how much they have learned and grown from the process, it's all worth it. TEDx isn't just an organization; it's a global movement, and here at APU, it is my family. I found "my" people at TEDxAPU, and I hope whoever picks the baton next, finds themselves as loved and supported as I have. Embrace the potential of ideas, dare to dream big, and become part of a community shaping a future where ideas transform lives.

If you could give one TED Talk, what would it be about?

Mental Mutiny vs. Cognitive Control: Conquering Life's Choice Points.





What was your talk about? Explain the topic of your talk.

My TEDx talk, "**Identity and Diversity: This is My Story. What's Yours?**", shares how a seemingly ordinary 'noodle party' transformed my perspective. I was also sharing about my unique identity as a double minority of Chinese Christians living in Aceh, a religiously conservative province of Indonesia.



Sherly Budiman , APM 4th year

What were the motivating factors that led you to choose this particular topic?

Inspiration can strike anywhere, even from something seemingly ordinary like a "noodle party." These seemingly mundane events, especially in a diverse community like APU, can reveal things that we never noticed before. I want to encourage others to ask more questions, to always be in our 'learning zone', and to not be afraid to share their identity.

What key message did you hope that the audience garnered from your talk?

Quoted directly from my script *"If there was something that I would like for you to get out of my talk: it was to believe in the power of an individual and celebrate diversity in the vast network of humanity we were placed in. Ask questions and be ready for an answer that's not aligned with what you hoped to be the answer. To consistently place ourselves in situations where we are in a 'learning zone', where our opinions are challenged, our facts are checked, and our perception of reality is called 'different.'"*

In what ways did you think your speech has uplifted and empowered others, especially APU students?

I hope my story acts as a reminder that the APU community that we are currently in is a melting pot of people coming from different life backgrounds. Sometimes it feels restricting that our interaction begins and ends with our names and nationality. A simple "My name is Sherly, and I am from Indonesia" doesn't encapsulate who I am as a person. So I encourage others to ask more questions and share more stories, embrace your uniqueness, and celebrate diversity!

Was there anything that made you particularly anxious or thrilled while preparing for this event?

I had a lot of moments during the preparation of the talk where I thought that my story was 'too simple' or I had a lot of moments during the preparation of the talk where I

thought that my story was 'too simple' or wasn't as elaborate enough as the other speakers who were speaking from their expertise. However, realizing that the literal purpose of TEDx is to share ideas, there is no story that's too simple or too complicated. They are stories. And every story matters and has the right to be shared.

What are your future aspirations and goals, and how does your TEDxAPU talk connect to them?

In the future, I aspire to be a social entrepreneur in the field of education. In the past, I've represented Indonesia and the voices of youths in international forums such as the G7 Youth (Y7) Summit, UNESCO conference, and ASEAN-Japan Business Week and I will continue to 'share stories' and advocate for the rights of minorities and underrepresented communities.

If you were given a chance to collaborate with any inspiring individual, who would it be and why?

As I am passionate about education, Malala Yousafzai, a Pakistani activist for female education, is someone who has been my source of inspiration. Her story of perseverance, overcoming cultural restrictions, and defying expectations, resonates deeply with my own experiences, reminding me that no challenge is too great when fueled by passion and purpose.

What advice would you offer to other APU students who have a strong desire to make an impact?

Your power to make a difference starts right where you stand! Making an impact is not limited to those in top positions, working in big international organizations, or with many resources. It springs from everyday kindnesses, passionate discussions, and innovative ideas sparked around everyday life. Each of us, as unique individuals, is in the middle of diverse networks and can start where we are today.

What is your most memorable experience in ALRCS Camp?

ALRCSキャンプで最も印象に残っていることは何ですか？

Zoey

I loved the truth-or-dare game at the bonfire, felt like everyone really bonded and got to know each other

Kudai

印象に残ってることは、サウナの後みんな手で繋いで川に頭まで入ったことです!!

Ruby

ALRCS camp brought out the kid in everyone ! Seeing everyone outdoors and not within the library walls was a refreshing feeling ^^

Hana

キャンプファイヤーとラフティングがめっちゃ楽しかったです!滝と川が綺麗でした!



ALRCS CAMP

**Brings
together**

ALRCS members from all teams, intending to create closer bonds and shared memories. This year ALRCS camp took place at Lodge Kiyokawa during the quarter break.

Let's hear from our members about their most memorable moments from the ALRCS camp.

FOCUS TEAM

フォーカス チーム

What is your favorite thing to do in downtown Beppu?



Claudia

Editor

I like to eat at sushi restaurants!



Trisha

Journalist

I like to eat at Yakinuku restaurants!

Kaede

Journalist

I like "ohanami" in the Beppu park 🌸



Tracy

Designer

I like going to Mochigahama beach with my friends



Rin

Designer

I like eating out with my friends 🍷



Shinn

Designer

I like listening to music on the beach

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