



Academic
Learning Resource
Core Staff

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FOCUS

フォカース

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SOMETHING CHANGES,
SOMETHING STAYS

変わるもの
変わらないもの

English | 日本語

Professor Interview | Student Interview

Student Contribution | ALRCS Contribution

New Things in APU | From APU Students - New and Stay-the-same Things

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EDITOR'S NOTE

編集者のメモ



TRAN Ngoc Khanh Uyen
APM, 7th semester

"There have been so many changes at APU since the beginning of this year, and so have we! We have been adapting to the many changes around us while gradually learning and improving ourselves. In FOCUS Magazine Volume 16 this time, we will guide you through all the features of our campus changes and introduce new aspects of APU students."

「今年の初めから私たちはたくさん変化しています。周囲のさまざまな変化に適応しながら、徐々に自分自身で学び、改善してきました。今回のフォーカスマガジンVol.16では、キャンパスの変化をご案内し、APU学生の新たな一面をご紹介します。」

PROFFESOR INTERVIEW 教授のインタビュー

PROFESSOR SALAZAR サラザル教授



TEACHING IN APU FOR 22 YEARS
22年前からAPUで働いている



How does it feel to you when teaching in APU for a long time?

Teaching at APU for such a long time evokes a mixture of emotions within me. I feel an overwhelming sense of happiness and gratitude, as I consider myself fortunate and blessed to have had the opportunity to impact the lives of over 10,000 students. Being able to teach them about culture and society, as well as the dynamics of interpersonal relationships has been a privilege and a source of great fulfillment. However, there is also a tinge of sadness as I come to terms with the fact that it is now time for me to move on. Despite this feeling of a bittersweet feeling, I find great satisfaction in knowing that I have improved the lives of others.

"My philosophy has been influenced by the mission of the university where I previously taught in the Philippines, which emphasized the importance of teaching minds, touching hearts, and transforming lives"

What is your teaching philosophy?

My teaching philosophy is rooted in the appreciation of education as a process of leading students to discover and unleash their own potential. Derived from the Latin word "educare," meaning "to lead out," education is about guiding students towards their own ideas and insights. Also, my philosophy has been influenced by the mission of the university where I previously taught in the Philippines, which emphasized the importance of teaching minds, touching hearts, and transforming lives. When teaching minds, I strive to foster critical thinking skills and intellectual development in students. When touching hearts, I understand that my presence and actions as a teacher can have a transformative impact on student's lives, even indirectly. By following this philosophy, I hope to inspire students to value such an approach, encouraging them to think critically, find answers, and ultimately become self-directed learners. It is not solely about providing answers, but rather about facilitating a learning process that empowers students to think for themselves and develop their own abilities.

What are the accomplishments you are most proud of?

I am most proud of the fact that over the course of my 22-year teaching career, I have had the opportunity to positively impact the lives of more than 10,000 students. Knowing that I have made a difference in their educational journeys fills me with a sense of accomplishment. Moreover, the deep connections I have formed with my students are evident in the invitations I have received to their weddings, a total of 13 weddings thus far. It is truly heartwarming to be included in such significant moments of their lives. For instance, recently, two former students reached out to me to write a motivational letter for their son as he entered middle school, which further reinforces the meaningful and lasting impact I have had on their lives.

While I have received various awards throughout my career, the greatest accomplishment for me lies in the difference I have made in the lives of individuals, empowering them to pursue their dreams and succeed in their own unique ways.

Place in APU that means a lot to you.

The place in APU that holds significant meaning to me is not a specific physical location or thing, but rather the collective experiences and interactions with the diverse student community. I have been influenced and challenged to grow by a combination of small things, which has led me to approach circumstances and relationships in particular ways. The diversity of the student body at APU has made a profound impact on me. Interacting with individuals from various cultures, learning styles, and backgrounds has presented both opportunities and challenges. It has provided a valuable platform for me to learn how to navigate and embrace differences, fostering a deeper understanding and appreciation for cultural diversity.

MESSAGE TO STUDENTS / APU の学生へメッセージ "HOW TO ADAPT TO CHANGES"



Adapting to change requires a multifaceted approach encompassing our thoughts, actions, and emotions. First and foremost, it's necessary to exercise critical thinking, comprehend the nature of the shift at hand, and weigh its possible advantages and disadvantages. Second, it is crucial to cultivate an open-minded outlook. Positively accepting change gives us the ability to successfully navigate through unfamiliar situations and challenges. Finally, being proactive is crucial. We can thrive in the face of uncertainty if we can identify the skills and knowledge needed to negotiate the change. Therefore, believe in your ability to adapt and seize the possibilities that change brings.



PROFFESOR INTERVIEW 教授のインタビュー

OKUYAMA RYO
PROFESSOR
奥山亮先生

A new Japanese-base Professor 日本人の新教授

APUに来て心境の変化はありましたか

前職では30年企業に務めており、職場の文化や雰囲気から全く違ったため、大きな変化を感じました。もともとは理系の研究者としてキャリアが始まり、40歳ごろに部下をマネジメントする立場になりました。技術マネジメントなどを会社で行わなければいけなくなったのですが、その分野に関する知識が全くなかったため、勉強するために大学院に行くことになりました。そこで学んでいくうちに、徐々に楽しいと思うようになっていたところ、大学教授のオファーが来たため、これも何かの御縁だと思い新たな環境に飛び込んでみることにしました。会社員時代はグループや組織として仕事することがほとんどでしたが、大学教授となると個人で行わなければならない仕事が多いため、仕事内容として違いを感じました。

また、私は理系の大学生活しか知らなかったため、大学教授は実験と論文がメインだと思っていたら、文系の大学ではこんなに講義が多いのかと驚きました。

先生の教育理念は何ですか

学ぶだけではなく、学んだことを使える人になってほしいと思っています。ビジネスの現場は、ロジックに当てはめれば良いという単純なものではなく、とても複雑な世界です。そこに加えて人と人がビジネスをするため、柔軟な発想や対応が必要となってきます。社会に出ると答えのない問題を解かなければならないですし、時にはその問題すらも自分で生み出す必要があります。その世界において大切なのは、知識を蓄えて、その引き出しからどう使っていくかということです。大学生活の中で学ぶことに加え、自分で考え、使えるような力も身につけていただきたいですね。



APUで実施してみたいことはありますか

まずは、授業をしっかりできて、研究もコンスタントに成果が出せるような大学教員になりたいと思っています。生徒の皆さんに価値のある内容を提供できるような授業にするために、日々試行錯誤を繰り返しています。私は教員として授業をすること自体初めてなので、実は毎回リハーサルを念入りに行っていますし、実は講義内で使用するパワーポイントも直前まで変更を行っています。また、ゼミを充実させたいとも考えています。ベンチャー企業の事例研究を行っているのですが、まずはデータベースからの情報を徹底的に調査し、もっと掘り下げたいことがでてきたら、直接アポイントメントを取り、インタビューを行ったり、フィールドワークをおこなったりする予定です。ぜひ、見学に来てみて頂きたいです。

APUの中で好きな場所はどこですか

カフェテリアの窓際から見える景色が好きです。これは、山の上にあるという特殊な環境であるAPUならではの特権で、都会の大学ではなかなか見られない光景だと思います。ラーメンを食べながら、この景色を見ていると心が癒されます。





STUDENT INTERVIEW 学生のインタビュー

TAANI,

A NEW STUDENT IN ST FROM FIJI ISLAND

フィジー島から来た新学生：タアニ

What are the challenges you have encountered and how were you able to manage them?

The language barrier was one of the most difficult things I encountered when I got to the airport. Because the security guards could not speak English, I had to act quickly and come up with other ways to communicate. I instantly resorted to technology and bridged the gap using translation

app like Google Translate. I also used my little understanding of Japanese to explain my demands and follow their instructions. This experience helped me overcome the initial challenge and begin my adventure at APU with confidence. It also taught me the value of flexibility and ingenuity in new situations.

What are some memorable first times you have in APU?

One of the most memorable first times I had at APU was making friends. They made me feel like a member of the community by including me in numerous events. Similarly, becoming a part of the Oceania Student Association (OSA) gave me the chance to make friends and choreograph dances in advance of Oceania Week.

What are your aspirations and goals in your 4-year stay in APU?

During my 4-year stay at APU, I aspire to achieve a decent level of proficiency in the Japanese language, finish my credits and establish a stable lifestyle by securing part-time jobs and finding suitable accommodation. Although I may not yet have definite goals in mind, my attention is on adapting and surviving by meeting the minimum necessities. I am committed to immersing myself in the local culture, actively engaging in academic pursuits, and building a strong network of peers and professionals. With an open mind and a willingness to embrace opportunities, I am excited to uncover new passions, broaden my horizons, and shape my long-term aspirations with the support of the APU community.

Message for APU students on how to adapt to change.

Don't be afraid. Accept change without fear and the uncertainty it brings. Through these encounters, you will develop, discover, and change. Step outside of your comfort zone and be open to new challenges since that is where real progress takes place. Embrace change as a force for growth both personally and academically, and let it direct you in the direction of your goals. Trust yourself, be open to change, and let APU be a life-changing chapter for you.

STUDENT INTERVIEW 学生のインタビュー

HIKARU AND HARUKA! ひかるとはるか！

HARUKA

HIKARU



Haruka

APM3回生
埼玉県出身
姉
留学先：
台湾



Hikaru

APM3回生
埼玉県出身
妹
留学先：
マレーシア

今回はHaruHika TimesというYou Tubeチャンネルを始めフリスビー大会の主催・サークルなど様々な活動を行うTwinsにインタビューしてみました！

留学に行く前と行った後で変わったことはありますか？

Haruka) 時間の流れ方です。留学に行く前は常に動いていたり、考え事をしていたり、どこか生き急いでいたような気がします。しかし、留学に行ったことによってゆとりを持つことの大切さを学びました。年齢を気にせず人生を楽しんでいる現地の人々に刺激を受け、何歳からでもやりたいことにチャレンジする精神を身に着けることができました。

Hikaru) 自分自身の芯を強く持つことができました。日本人はあまり自己主張をしません、私の留学先のマレーシアの人々ははっきりと自分の意見を言います。空気を読む文化がないので、思っているだけでは意思が伝わることはありません。そのため、周りに自分の感情を伝えることを大切にするようになりました。

APUでの生活におけるターニングポイントは何ですか？

Haruka & Hikaru) APUでの講義が始まる前のオリエンテーション期間に行われた食事会です。

たまたま集まった友人が国際学生や英語上級、帰国子女などで、英語で行われる会話についていけずショックを受けました。高校までに学んでいた英語のレベルをはるかに超えて、ネイティブレベルで話している目の前の友人達に驚愕し、これがAPUのレベルなのかと少し怖気づいてしまいました。しかし、逆にその時感じた焦りを原動力に、英語クラスや留学をより一層頑張ることができました。ちなみに今でもその友人とは仲良しです。

APUで一番好きな授業は？なぜですか？

Haruka & Hikaru) カッティング美紀先生のキャリアデザインです。この授業が好きな理由は主に2つあります。まず、先生のパッション溢れる授業がとにかく楽しいです。100分の授業があっという間に過ぎていくような充実した時間を過ごすことができます。次に、自分の将来について考えるきっかけをくれるということです。留学に行って何をしたいのかについて具体的に考えることができ、同時に周りの受講生が考えている留学プランも知ることができたので、良い刺激になりました。また、自己分析やペアワークなどを通して、自分自身のキャリア構築のためにどのような取り組みを行うべきかについて向き合うことができました。

1年生にメッセージをお願いします

Haruka) とにかく様々なことに挑戦してみてください！やりたいと思ったら躊躇せずに挑戦し続けることで、自分の知らない新たな自分に出会うことができると思います！

Hikaru) 1年生は忙しいけれど、最もエネルギーやパッションが出せる時期だから、暇な時間を作らず、メリハリをつけながらやりたいことに挑戦してみてください！

STUDENT CONTRIBUTION / 学生の貢献

Hello APU Students!

I am Erfan Atoofi, an APM student from Iran majoring in Finance and Accounting. My passion lies in both fitness and competing in business case competitions. APU has given me excellent possibilities in meeting people and learning different cultures which led me in engaging with the Oceania Student Organization (OSA). OSA is a close-knit organization for APU students who want to share their culture and Islander spirit with others. While the group had been on hiatus since 2019, its members worked with utmost effort to bring it back in 2023.

You may be wondering why

... someone from the Middle East, such as myself, would be interested in an organization dominated by students from Oceania. For me, OSA members are more than just friends, they are a family that worked on the same goal: the re-establishment of OSA. Witnessing Gillian and Kelly, the core members, who are completely committed to restarting OSA and sharing their culture, prompted me to join their cause as the organization's accountant and help them make their dream transform into reality. I am genuinely impressed by how each Oceania student's sense of belonging, pride, and dedication played a crucial part in the building of OSA.

"I challenge individuals who are struggling to find their passion to move outside of their comfort zone. Be self-motivated, endure in the face of adversity, make mistakes, and learn from them. Also, try to explore diverse interests that pique your attention. I am convinced that, just as OSA has altered my life, it is also possible for your life to undergo transformative change as well."

OSA is currently more active and stronger than ever after several years. Our primary goal is to share the distinct customs and cultures of Oceania within APU and Oita. Our activities include performing a variety of dances from the Oceania region. Moreover, OSA has been invited to important APU events such as the entrance ceremony, the firefly event, and our very own **Oceania Week**.

Like any other organization, OSA has faced obstacles pertaining to culture, time, manpower, and finance. It was not simple to restart a club, but our members' unwavering dedication and enthusiasm for OSA helped to our success. These kinds of experiences have impacted me. OSA has not only taught me significant life lessons, but has also instilled in me courage, motivation, and patience, all of which are important characteristics for personal growth. Despite our differences, this circle has become a family and a home for me. I've realized that belonging is determined by your open-mindedness and compassion for those around you, not where you are. I am deeply grateful to all OSA members for welcoming me, believing in my abilities, and contributing to the organization's success.



STUDENT CONTRIBUTION 学生の貢献

ADHINKA,

AP HOUSE 5 LEADER



Hello APU Students!

My name is Adhinka, and I am an RA and Building Leader of the new AP House 5. I am an APS 3rd year student 100% made in Indonesia. I do lots of things during my free time, but my favorite is to video call my mom and talk with her for hours.

I came to Japan in my 4th semester (yes, Covid made me spend 1.5 years living my college life from home). I would say my arrival was not the most decent since it was delayed for a week due to the additional isolation after I was identified as a close contact. Registered as a resident in R426, I still encountered a couple of problems here and there during the first month in AP House. From not receiving KD gloves to failing at opening a JP bank account, I am glad that I was able to solve them by myself. I have always been curious about the RA organization since I entered APU. One time, I reflected on the hectic first month, I found out that the reason why I managed to deal with the tiring (mostly) administrative problems was probably because I have spent the prior 3 semesters learning Japanese until pre-advanced. So, then I wondered, "How about those who will arrive as 1st-semester students?". With limited language ability, I can only imagine how devastating would it feel to encounter such problems. **Experiencing that, I said to myself, "I want to help."**



It was about halfway through the spring of 2022. I submitted my RA recruitment application. After all the screening and interviews, I was accepted as a new RA for Fall 2022. I moved to W419 and began my RA life. I met a lot of wonderful and passionate people including my former building leader who inspired me the most. Being an RA got me realise that it is not just a mere housekeeping work. The main responsibility certainly is to guide and support the residents, but RA is more comprehensive. To support means helping them with the basics as well as providing them with valuable learning experiences and nurturing them before they are ready for independent downtown life. That is, not just the simple KD and garbage separation, but also training, RA meetings, floor meetings, holding events, and many more.

In Spring 2023, I was elected as the building leader of the new AP House 5. New place, new facilities, new systems, new members. We usually have a handover session where the former leader talks and discusses their experience managing the building with the new leader. As you may guess, no handover for me. Luckily, my former building leader is already a good role model to me. Along with the 12 members and new residents, we pioneered the dormitory life of AP House 5. Challenges surely come with adapting to the unique rules and being geographically separated from Houses 1 and 2 are just tiny bits. All of us know well that AP House 5 is very fun yet not easy to deal with at the same time.

RA is a handful sometimes. But the catch is the sense of belonging. RA responsibilities are infused within your daily life. Your feelings are shared with fellow RAs, making this organization feels more like a family. We share the same happiness as well as a burden. If I can say, the environment makes you feel that you are not doing this alone. Upon entering one year of being an RA with additional experience in leading a new building, I would say that the organization influenced me in many ways. Some notable changes include how it raises my awareness about my surroundings, helps in my Japanese language ability, and affects my way of handling problems with critical thinking. It may not be directly seen by the residents, but when you are trusted with a leading position, you will develop sharper argumentative and negotiation skills especially when dealing with serious problems discussed with fellow leaders and the office.

I would gladly sit down and talk for hours about my experience but let us save that for later. My narrative about RA might be perceived as a very positive yet exhausting experience by some, but I want to say that it does not just apply to RA. I believe that whomever you are reading this right now, you must have something that you are working on. Just know that no matter how motivated you are, there will always be challenges in the pursuit, and I'll guarantee you that nothing is easy. But hey, that's the art of passion, isn't it? **Whatever you are doing, remember that you do it to gain a better version of yourself.** No need to go over the same path as your friends if it doesn't match you. Embrace your authenticity and write your journey, and your satisfaction shall come from within.

I think this is enough for now. To all of you out there reading this while hustling for your future: keep it up because the world is waiting for you to shine. For you who feel like giving up: warriors do get exhausted so get some good rest and continue fighting. And for you who don't know what or how to start: the world is huge, but a small first step can conquer it. ***Lastly, a small message from this ordinary RA: please separate your garbage correctly (lol)! That's all for now. Best of luck to everyone!***

NEW THING IN APU

APUの新しいもの

MMR



The Multimedia room (MMR) is a newly renovated facility on the first floor of the APU library. It is a collaborative space used by both students and faculty members. The MMR has seven fixed PCs with specialized software and a scanner, providing students valuable resources. Furthermore, students can use their personal devices to do duties such as working on homework, preparing presentations, and participating in online lectures and interviews.

マルチメディアルーム(MMR)は、APU図書館の1階に新設された施設です。学生だけでなく教員も利用する共同スペースです。MMRには7台の固定PCと専用ソフトウェア、スキャナーがあり、学生に貴重なリソースを提供しています。さらに、宿題やプレゼンテーションの準備、オンライン講義やインタビューへの参加など、学生が個人所有するデバイスを利用することもできます。

ST COLLEGE

The College of Sustainable Tourism offers students the chance to delve into the study of both "sustainability" and "tourism" disciplines. Within this college, students will not only explore topics related to the environment and development but also engage in economics and data sciences. The curriculum aims to expand students' knowledge and equip them with skills to address and find solutions to diverse social issues on a global scale.

サステイナブル・ツーリズム学部では、「サステナビリティ」と「ツーリズム」の両分野を学ぶことができます。この学部では、学生は環境や開発に関するトピックを探究するだけでなく、経済学やデータサイエンスにも取り組みます。カリキュラムは、学生の知識を広げ、世界規模で多様な社会問題に取り組み、解決策を見出すスキルを身につけることを目的としています。



GREEN COMMONS



Green Commons is a newly developed educational facility made of cedar from Oita Prefecture. The name chosen, "Green Commons," embodies two key ideas. First, the use of wood in construction helps to reduce CO2 emissions, which is consistent with the building's eco-friendly approach. Second, the structure has a shared space known as the commons area, which provided as the basis for the name "Green Commons."

グリーンcommonsは、大分県産の杉を使用し作られた新たな教学棟です。木造建築がCO2排出量の削減しているという意味で「グリーン」、共有commons空間を備えていることから「commons」。「グリーンcommons」にはこれらの二つの意味が込められています。

AP HOUSE 5

AP House 5 is a new dormitory that serves as the fifth enlargement of the current AP House. It differs from the original AP House in that it has a cinema room and a specialized area for dance and music events. These supplementary features were added to improve the overall experience and opportunities for APU students.

既存のAPハウスに続く5番目の寮名として「APハウス5」と名付けられました。ムービー・ルームやダンス&ミュージカルルームなど既存のAPハウスには無い新たな施設が設けられています。これらの新たな施設は、学生に新たな経験と体験を与えています。



APUの中で変わるもの、変わらないもの

STAY-THE-SAME AND NEW THINGS IN APU

WHAT IS YOUR FAVORITE STAY-THE-SAME/NEW PLACE IN APU?
あなたの好きなAPUの中で変わらないものと変わりゆくものは何ですか？



ANISH SHRESTHA
NEPAL
APS, 3RD YEAR

New place - J Building
Stay-the-same thing - Thai curry



MUHAMMAD RAYHANSYAH JASIN
INDONESIA
APS, 3RD YEAR

Stay-the-same place: The Wave



濱脇 幸大
奈良県
APM, 4TH YEAR

Stay-the-same place: APU Library



ZHONGYANJIE
CHINA
APM, 1ST YEAR

Stay-the-same place: APU Library



田畑 凜音
福岡県
APS, 2ND YEAR

Stay-the-same place:
Library 2nd Floor



Stay-the-same and New Hobbies 続けている趣味と変化した趣味

WHAT IS YOUR STAY-THE-SAME/NEW HOBBY?

あなたのずっと続けている、または新しく始めた趣味は何ですか？

DESCRIBE YOUR EXPERIENCE TAKING UP THIS HOBBY

その趣味を始めたきっかけは何ですか？



PHAM TRAN DUC ANH
VIETNAM
APS, 3RD YEAR

I have enjoyed reading since secondary school. My mother bought me a book called "Narnia", which I loved so much.



西田夏奈
東京都
APM, 1ST YEAR

読書をずっと続けています
物心ついた時からすでに本
を読んでました



寺井岳
大分県
APM, 3RD YEAR

麻雀 / 友達がやるから



ZHANG JIAWEI
CHINA
APS, 4TH YEAR

Reading books and playing video games.
Finding and talking about the same topic with my friends



HOANG LE ANH
VIETNAM
APM, 3RD YEAR

Playing guitar
It came naturally. I wanted to play music, so I chose an instrument that is evident in the all of my favourite songs.



ALRCS CONTRIBUTION ALRCSの貢献

CHRISTY, A MEMBER WHO HAS STAYED FOR A LONG TIME



なぜALRCSに入り、リーダーになろうと思いましたか？

Why did you join ALRCS and decide to be a leader?

アークスという存在を知る前からSSAWの授業の中で友人に文献の書き方についてのアドバイスなどを行っていました。その後、アークスの存在を知り、学生の学びに対する理解を深めるお手伝いをするという活動に魅力を感じたため応募することになりました。初めはEチームのメンバーの一人として活動していましたが、もっとアークスに貢献したいという思いが強くなりリーダーになろうと決意しました。

Prior to discovering ALRCS, I advised my peers in SSAW seminars on academic writing. Consequently, I became drawn to ALRCS's activities and commitment to assisting students in understanding their concerns, which prompted me to apply. I initially joined as a member of the Environment Team, but my desire to have a more significant influence inside ALRCS grew, motivating me to seek a leadership role.

ALRCSでの思い出（苦労したこと、良かったことなど）

Memories in ALRCS (challenges, positive experiences, etc.)

1回生のころにアークスに入って先輩方から様々なことを教えていただきました。その先輩方がだんだんと卒業されていき、自分自身が全体リーダーになったとき、とても不安な気持ちになりました。前まではわからないことがあってもすぐ先輩に聞くことができるという環境があったけれど、全体リーダーになった今、自分が聞かれる立場であり、すべてを理解していなければなりません。そこに対してのプレッシャーはありました。その反面、全体リーダーになったことによって自分自身を成長させることができたとも感じています。メンバーや職員さん方と話す機会が増えて、今ではほとんどの時間をライブラリーで過ごしています。大変なこともありますが、サークルを運営するためのノウハウを学ぶことができたり、自分たちで制作したポスターがライブラリー内に飾られたりしているのを見ると嬉しくなります。

I joined ALRCS as a freshman and benefited significantly from the expertise and mentoring offered by the older members. However, I felt worried when those seniors graduated and assumed the job of ALRCS leader. Before, there was a supportive environment in which I could seek instant advice from the senpais anytime I had issues or questions. But now that I'm a leader, I'm under pressure to know everything. At the same time, I acknowledge that taking on the leadership role has allowed me to grow and develop personally. Now, I have more opportunities to interact with fellow members and employees, and I spend most of my time at the library. Although it might be difficult at times, learning the subtleties of running a club and seeing the posters we prepared proudly displayed in the library offers me joy. It's a rewarding experience that helps my own development and sense of accomplishment.

ALRCSに入りたいと思っている学生へのアドバイス

Advice for students who want to join ALRCS

勇気をもってまずは応募することです。行動に移さなければメンバーになることはできません。アークスは1から4セメスターの間しか応募することができません。私の友人にもアークスに入っていればよかったと言っている人がいます。受かるかどうかはわからなくても、今ガイダンスに参加して、応募することによってやっておけばよかったと後悔することは無くなります。ぜひ、迷っている方がいたらとりあえず応募してみてください！私たちは皆さんをお待ちしています！

The first step is to muster all your courage to apply. ALRCS membership cannot be obtained without taking initiative and action. It is vital to note that ALRCS only accepts applicants for a limited time, usually between one and four semesters. My friend expressed sorrow for not joining ALRCS. Even if the outcome of your application is unknown, you will not regret attempting and engaging in the guidance and application process. I strongly encourage people who are apprehensive to apply to do so. We gladly anticipate applications from all interested parties!

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