

RCAPS Current Research Seminar
January 17 (Wed) 15:00-16:30
@RCAPS Conference Room A (B bldg. 2F)

Culture Shock of Studying and Working Abroad – Challenges and Opportunities

This intercultural seminar, entitled ***“Culture Shock of Studying and Working Abroad - Challenges and Opportunities”***, aims at explaining the importance of intercultural exposure to new cultural environments, with the main focus on the psychological consequences of exposure to “novel and unfamiliar” cultural environments. During this interactive seminar both Japanese and international professionals and students are invited to share personal experiences as international students.

Dr. Ana Mihaela Istrate, a guest speaker from Romania will present the results of her studies on the research objectives shown above, based on a series of interviews with Romanian students who travelled through the Erasmus+ program, as well as international students in Romania coming from Japan, Syria, Israel, China who study in Romania. The seminar also intends to provide an excellent opportunity for APU students to learn about Romanian higher education system and Romanian culture and civilization, as part of the European cultural model.



Dr. Ana Mihaela Istrate

Lecturer, Dean of the Faculty of Sports, Physical Education and Kinetotherapy, Romanian-American University